

## **Certified Hypnosis Training**

Do you like helping people?

Are you looking for a new career, or do you want to advance your present skills as a practitioner?

Hypnosis as a healing tool and motivational source is almost limitless in its possibilities.

Along with smoking cessation and weight loss, hypnosis has been proven to help manage pain, alleviate stress, help with addictions, improve sports and test taking performance, teach focusing, mindfulness, and goal setting.

This course is through the National Guild of Hypnotists, the oldest and most respected organization of its kind. It is approximately 50 hours of class time, with the students remaining time spent on practice and home study.

Barbara Angelo is a Certified Hypnosis Instructor with the NGH, as well as the International Hypnosis Federation. She is a member of four world class hypnosis organizations, and is the region's leading authority on past life regression. She brings her broad experience, compassion and humor to the classroom.

The training includes detailed instruction and supervised practice. Barbara adds many of her own time tested skills and spiritually based healing methods to make this course an exciting, cutting edge experience not available anywhere else in this area.

If you are truly serious about learning how to help heal yourself and others, then this course is for you!

## **This training will qualify you as a member and Certified Consulting Hypnotist with the NGH.**

What you'll receive with your tax-Deductible Training Fee:

- 2 Hypnotherapy manuals
- 15 additional scripts
- Beginner's guide to marketing your business
- A 12 month membership in the NGH
- The Journal of Hypnotism and Hypno-Gram subscriptions
- Additional handouts for advanced healing
- A private consultation with Barbara

Plus, on completion of your studies, you will receive your 11 x 14 certificate and membership card.

You don't need to purchase anything additional to become certified – you will receive everything you need with your training fee.

### **What you will learn:**

- What is hypnosis?
- Ethics and history of hypnosis
- Suggestibility testing
- Progressive and Rapid Inductions
- Session structure
- Creative Script Writing
- Trance depth
- Conscious and Subconscious Mind
- Working with Higher Wisdom
- Hypnosis for weight loss
- Hypnosis for Smoking Cessation
- Hypnosis for Stress Management
- How Stress Effects the Mind and Body
- Goal setting
- Guided Imagery- Identifying and Working the 6 Senses
- EFT (Emotional Freedom Technique) Tapping for Success

Self-hypnosis and Mindfulness  
Regression and Progression Techniques  
Connecting with the Inner Child  
Building your Practice  
Client Rapport  
The Power of Words  
and more....

Plus, there will be many guided meditations for the class to enjoy and experience for their own insight and development

## **Who should take this training?**

This program is intended for:

Caring individuals looking for an exciting new career.

Entrepreneurs who are looking to create a thriving practice and business.

All health professionals, including therapists, counselors, social workers, doctors, dentists, nurses, and teachers who want to enhance their skills and incorporate hypnosis into their practices.

All those interested in alternative healing modalities who want to make a difference helping others.

Everyone who wants to learn hypnosis and self-hypnosis for their own benefit.

## **Training fees and payment:**

The course is \$1895.00 when paid by cash or check.

\$1940.00 for credit cards to cover the administrative fee.

You must be registered in advance to hold your place in class.  
A minimum \$200.00 deposit is required for book purchase from the  
NGH.